



## 1. General information

- 1.1. **Event name:** The Crater Traverse 2-Day Trail Run
  - 1.2. **Event date:** Sat 27 May 2023 and Sun 28 May 2023
  - 1.3. **Event organiser:** Koedoeslaagte Trail Park under the auspices of Parys Multisport Club
  - 1.4. **Venue:**
    - 1.4.1. Koedoeslaagte Trail Park – [www.koedoeslaagte.com](http://www.koedoeslaagte.com)
    - 1.4.2. Approximately 12km outside Parys (UNESCO World heritage terrain).
    - 1.4.3. GPS location: S26°52'26.39" E27°21'9.85"
  - 1.5. **Entries:**
    - 1.5.1. **Pre-entries open** on 1 November 2022
    - 1.5.2. **Pre-entries close** 22 May 2023
    - 1.5.3. **Link to pre-entries:** [www.cratertraverse.com](http://www.cratertraverse.com)
    - 1.5.4. **Temporary Licenses will be available at R70** and to be displayed on the front of the running vest (according to ASA ruling). No insurance coverage on the temporary licenses
    - 1.5.5. **Quartzite Run and entry fee:**
      - 1.5.5.1. Minimum age on race day: **16 years**
      - 1.5.5.2. **Early bird entry** (before 30 November 2022): **R950** per entry
      - 1.5.5.3. **Pre-entry** (before 22 May 2023): **R1 200** per entry
      - 1.5.5.4. **No late entries** or entries on race day will be accepted
    - 1.5.6. **Granite Run and entry fee:**
      - 1.5.6.1. Minimum age on race day: **15 years**
      - 1.5.6.2. **Early bird entry** (before 30 November 2022): **R700** per entry
      - 1.5.6.3. **Pre-entry** (before 22 May 2023): **R850** per entry
      - 1.1.1.1. **No late entries** or entries on race day will be accepted
  - 1.1.2. **11km Fun Run:**
    - 1.1.2.1. Minimum age on race day: **14 years**
    - 1.1.2.2. **Pre-entry** (before 22 May 2023): **R200** per entry
    - 1.1.2.3. **Late entry:** **R250** per entry
    - 1.1.2.4. **Late entries will be accepted on race day**
- 1.2. **Route description**
  - 1.2.1. **Route classification:**
    - 1.2.1.1. Day 1 Quartzite Run: 20km; km-effort 27.05 XS
    - 1.2.1.2. Day 2 Quartzite Run: 15km; km-effort 20.56 XXS
    - 1.2.1.3. Total Quartzite Run: 35km; km-effort 47.61 S
    - 1.2.1.4. Day 1 Granite Run: 15km; km-effort 20.30 XXS
    - 1.2.1.5. Day 2 Granite Run: 11km; km-effort 12.88 XXS
    - 1.2.1.6. Total Granite Run: 26km; km-effort 33.18 XS
  - 1.2.2. **Technical route description:**
    - 1.2.2.1. **20km Quartzite Run (day 1):** 705m elevation. Start and finish at main venue. Full distance along natural trails. All climbs can be run. Sections with loose rocks and gravel. ±20% shaded
    - 1.2.2.2. **15km Quartzite Run (day 2):** 556m elevation. Start at Ou-plaas, finish at Main venue. Transport to start will be provided. 3,5km Tertiary gravel road and 11,5km along natural trails. All climbs can be run. Sections with loose rocks and gravel. ±15% shaded
    - 1.2.2.3. **15km Granite Run (day 1):** Start and finish at main venue. 530m elevation. Full distance along built trails. All climbs can be run. Sections with loose rocks and gravel. ±20% shaded
    - 1.2.2.4. **11km Granite Run (day 2):** 188m elevation. Start at Ou-plaas, finish at Main venue. Transport to start will be provided. 3,5km Tertiary gravel road and 7,5km along built trails. All climbs can be run. Sections with loose rocks and gravel. ±15% shaded
    - 1.2.2.5. **11km Fun Run (Sunday):** 188m elevation. Start at Ou-plaas, finish at Main venue. Transport to start will be provided. 3,5km Tertiary gravel road and 7,5km along built trails. All climbs can be run. Sections with loose rocks and gravel. ±15% shaded
- 1.3. **Race-pack and number collection:**
  - 1.3.1. No person or club will be allowed to collect a race number on behalf of a participant. Please contact the organiser if you have any special registration requirements. Whatsapp Attie: 082 335 3358
  - 1.3.2. **Number collection/registration times**
    - 1.3.2.1. **Fri 26 May 2023** – 15:00-20:00 at the Koedoesaal at Koedoeslaagte Trail Park
    - 1.3.2.2. **Sat 27 May 2023** – 06:00-07:30 at the Koedoesaal at Koedoeslaagte Trail Park
    - 1.3.2.3. **Sun 28 May 2023** – Number Pick-up and late registration for the 11km Fun Run, 06:00-07:30 at the Koedoesaal at Koedoeslaagte Trail Park
  - 1.3.3. **Sorry, no goodie-bags for late entrants**
- 1.4. **Race Briefing, Start and cut-off times:**
  - 1.4.1. All participants are encouraged to attend the **main event briefing** by the organisers on **Friday afternoon, 26 May at the Pasta evening at 18:00** at the main venue at Koedoeslaagte Trail Park
  - 1.4.2. **All participants must attend the pre-race briefing 10 minutes prior to the start of each race**

- 1.4.3. All participants must personally check in at registration upon arrival
- 1.4.4. Failure to check in at registration will result in a "Did not start" (DNS)
- 1.4.5. **Sat 27 May 2023, 20km Quartzite Run: Start time 08:00, cut-off time 13:00**
- 1.4.6. **Sat 27 May 2023, 15km Granite Run: Start time 08:15, cut-off time 13:00**
- 1.4.7. **Sun 28 May 2023, 15km Quartzite Run: Start time 08:30, cut-off time 11:30**
- 1.4.8. **Sun 28 May 2023, 11km Granite Run: Start time 08:45, cut-off time 11:30**
- 1.4.9. **Sun 28 May 2023, 11km Fun Run: Start time 08:50, cut-off time 11:30**
- 1.5. **Prize giving:**
  - 1.5.1. The prize giving ceremony will take place according to health and safety regulations that may apply at the time of the event
  - 1.5.2. All prize winners must be able to provide proof of identity (ID book, passport, driving license, birth certificate)
  - 1.5.3. All **prize winners must personally attend the prize-giving** to receive their prize. If, for whatever reason, a runner cannot attend his/her prize giving, they should report to the event organiser prior to the prize giving ceremony or stand a chance to forfeit their prize
  - 1.5.4. **Prize money to be paid per EFT within 48 hours**
  - 1.5.5. No prize money will be paid if random drug testing was done on any distance on the day of the event, up to such time ASA receive the results from the South African Institution for Drug Free Sport (SAIDFS).
  - 1.5.6. **Prize giving times:**
    - 1.5.6.1. Sat 27 May at 12:00 at Koedoesaal at main venue
    - 1.5.6.2. Sun 28 May at 11:00 at Koedoesaal at main venue
    - 1.5.6.3. The 11km Fun Run has no prize giving
    - 1.5.6.4. Lucky draw prizes will be handed out at prize giving
- 1.6. **Prize money and awards:**
  - 1.6.1. All **2-day event finishers** will receive a **special event medal**. All 11km **Fun Run** finishers will receive a special **event sew-on badge**
  - 1.6.2. **Only affiliated athletes in possession of a valid ASA year-license will be eligible to receive prize money**
  - 1.6.3. **A participant may qualify for both an overall prize and age category prize in the same race**
  - 1.6.4. **Quartzite Run prize money (winners determined on total run-time over the two days)**
    - 1.6.4.1. **1<sup>st</sup> Overall Men:** R3 000. **2<sup>nd</sup> Overall Men:** R2 000. **3<sup>rd</sup> Overall Men:** R1 000.  
4<sup>th</sup> Overall Men: R500. 5<sup>th</sup> Overall Men: Anatomic Gift Voucher
    - 1.6.4.2. **1<sup>st</sup> Overall Women:** R3 000. **2<sup>nd</sup> Overall Women:** R2 000. **3<sup>rd</sup> Overall Women:** R1 000.  
4<sup>th</sup> Overall Women: R500. 5<sup>th</sup> Overall Women: Anatomic Gift Voucher
    - 1.6.4.3. **1<sup>st</sup> Masters men 35+:** R1 000. **2<sup>nd</sup> Masters men 35+:** R500. **3<sup>rd</sup> Masters men 35+:** Anatomic gift voucher
    - 1.6.4.4. **1<sup>st</sup> Masters women 35+:** R1 000. **2<sup>nd</sup> Masters women 35+:** R500. **3<sup>rd</sup> Masters women 35+:** Anatomic gift voucher
  - 1.6.5. **Granite Run prize money – (winners determined on total run-time over the two days)**
    - 1.6.5.1. **1<sup>st</sup> Junior men:** R1 000. **2<sup>nd</sup> Junior men:** Anatomic gift voucher. **3<sup>rd</sup> Junior men:** Anatomic gift voucher
    - 1.6.5.2. **1<sup>st</sup> Junior women:** R1 000. **2<sup>nd</sup> Junior women:** Anatomic gift voucher. **3<sup>rd</sup> Junior women:** Anatomic gift voucher
    - 1.6.5.3. **1<sup>st</sup> Masters men 50+:** R1 000. **2<sup>nd</sup> Masters men 50+:** Anatomic gift voucher. **3<sup>rd</sup> Masters men 50+:** Anatomic gift voucher.
    - 1.6.5.4. **1<sup>st</sup> Masters women 50+:** R1 000. **2<sup>nd</sup> Masters women 50+:** Anatomic gift voucher. **3<sup>rd</sup> Masters women 50+:** Anatomic gift voucher
- 1.7. **Timing and results:**
  - 1.7.1. Each event / stage will start in a **mass start** format (no seeding).
  - 1.7.2. Results for each race distance will be recorded for each stage / day of the race (series)
  - 1.7.3. **The combined total time of all stages completed by the participant (Quartzite Run and Granite Run) will be used to calculate the final result / position of each participant**
  - 1.7.4. Timing will be done using a combination of electronic and manual timing
  - 1.7.5. Unofficial results will be available on [www.webscorer.com](http://www.webscorer.com) and via the **Webscorer** mobile application
  - 1.7.6. **Official results will be published within 72 hours after the race at [www.cratertraverse.com](http://www.cratertraverse.com) and [www.webscorer.com](http://www.webscorer.com)**
  - 1.7.7. Participants may be required to pass through timing checkpoints on the route for tracking and safety purposes
- 1.8. **Parking:**
  - 1.8.1. Participants and spectators must use the designated parking area at the event venue
  - 1.8.2. Parking is free and secure, but participants and spectators enter and park their vehicles at own risk. Please keep vehicles locked and valuable items stored out of sight
- 1.9. **Tog bag facilities and arrangements:**
  - 1.9.1. **Tog bag area** with tog bag ticket service available at the Uitspan Kiosk
- 1.10. **Club gazebo area:**
  - 1.10.1. Book your space now (first-come first serve) Call Dylanya to book your (free) space now on Whatsapp 071 233 2777
- 1.11. **Facilities:**
  - 1.11.1. **Shower facilities** with cold and warm water available on site
  - 1.11.2. **Permanent ablution facilities** available
- 1.12. **Medical services:**
  - 1.12.1. **Vaal Emergency Services**
  - 1.12.2. The medics will be set-up in the Koedoesaal at the finish venue at Koedoeslaagte Trail Park
  - 1.12.3. Treatment by the event-appointed medical staff may take place at any point on the course and shall not be deemed to be assistance except if fluids or medicines are administered intravenously – such intravenous treatment shall make the recipient ineligible for prizes
  - 1.12.4. An athlete shall retire from an event if ordered to do so by the officially appointed medical staff (did not finish). Failure to comply with instructions from medical staff may lead to disqualification
- 1.13. **Food stalls and refreshments:**
  - 1.13.1. Refreshments will be on sale at the **Uitspan Kiosk** at the entrance to the Koedoesaal
  - 1.13.2. **Local cuisine and stalls** will be available
  - 1.13.3. **Beer and light alcoholic beverages** will be on sale at the venue. Day-visitors will not be allowed to bring their own alcohol onto the park.
- 1.14. **Lead / tail vehicles:**
  - 1.14.1. A safety motorbike will be employed on Sunday to ensure the runner's safety on the 3,5km section along the Koedoeslaagte tertiary public gravel road
  - 1.14.2. **Sweep-runners** will attend to the runners at the tail-end of the event
- 1.15. **Water aid stations and seconding:**

- 1.15.1. **No seconding allowed from non-competitors outside the water aid stations**
- 1.15.2. Participants may receive minor assistance from other competitors at any time
- 1.15.3. **Three water aid stations** (excluding the start and finish) will be fully stocked and spaced in such a way to respect the autonomy of athletes but taking into account health and safety
- 1.15.4. **Athletes will have to be autonomous between aid stations** in terms of gear, communications, food and drink

## 2. Race rules

- 2.1. This event is presented according to the **rules and regulations of WA, ASA, and AFS**
- 2.2. Athletes indemnify the national, provincial and regional bodies, sponsors and organisers of the race against any or all actions of whatsoever nature, whatever the same may arise out of their participation in the race
- 2.3. **All Traffic Officials, Technical Officials and marshals must be obeyed.** Breach of any regulations or requirement may lead to instant removal without appeal. The race organiser and safety officer have the final decision in this regard
- 2.4. All athletes participate at their own risk. Athletes acknowledge that by entering the event they are **medically fit** to participate
- 2.5. All athletes must supply the name and contact number of their next of kin / emergency contact on the entry form
- 2.6. **Licenses and age tags:**
  - 2.6.1. Licensed athletes must wear club colours and the licence number on the front and back of their vest with the race number worn on the front of the vest. Note that the race number may not cover the ASA and sponsor logos at the top of the license.
  - 2.6.2. **Wearing of age tags is not compulsory. Age category prizes will be determined based on the date of birth provided on the entry form submitted by the athlete**
  - 2.6.3. Temporary license (not applicable to athletes with permanent licenses) to be displayed on the front of the running vest (according to ASA ruling). No insurance coverage on the temporary licenses
- 2.7. No animals, blades, bicycles or mechanically operated devices allowed in the race
- 2.8. Foreign athletes are to comply with ASA rules prior to and during the race
- 2.9. Wheelchair athletes will NOT be permitted to participate
- 2.10. **Children may only participate under the supervision of a parent / legal guardian**
- 2.11. No refunds will be given once an entry is purchased. In the event that the race is cancelled due to reason outside the organiser's control, the organiser retains the right to convert the event to a virtual run. In such a case, arrangements will be made for medals to be couriered to entrants at an additional fee to the athlete
- 2.12. **An athlete may not run with another athlete's race number or ASA license**
- 2.13. The **wearing of earphones, iPods, headsets and similar devices is not permitted** (WA Rule T6.3.2) and will lead to disqualification
- 2.14. The race organiser retains the rights to refuse entry and reject persons under the influence of drugs or alcohol, who are disorderly, or engage in inappropriate behaviour, vandalism or evade paying for admission
- 2.15. Athletes who participate without buying a race entry will be disqualified, not be entitled to any benefits associated with the race, and may be subjected to further disciplinary action
- 2.16. Attending or participating in this event will in no way entitle any participant or attendee to demand benefits from the event sponsors at any time before, during or after the event.
- 2.17. **Littering is not allowed.** Intentional littering and littering in non-designated areas may lead to disqualification
- 2.18. No athlete will be allowed to start more than 5 minutes after the official start of the race. Please arrive early
- 2.19. The race distances of this event is not certified and cannot be used as an official result for any other purpose outside the scope of this event
- 2.20. All participants will adhere to the health and safety regulations implemented as prescribed by health and safety authorities during the time of the event. This may include health screening, sanitising, wearing of masks, and social distancing

## 3. Waiver, indemnity and consent

- 3.1. The information I provided on the entry application form is true and correct
- 3.2. By entering to participate in this event I understand that I am bound by the rules and regulations of the event and the rules and regulations of WA, ASA and AFS
- 3.3. **I warrant that I am in a good health and that I am aware of the risk and danger of the physical nature of the event,** and I do not claim ignorance of these risk and danger
- 3.4. I hereby acknowledge that I participate in this event entirely at my own risk and release, to the fullest extent of the law, the organiser of the event, provincial and national athletic bodies, and all local authorities from the responsibility, liability and / or costs related to any injury, loss, or damage of any nature that may arise directly or indirectly before, during or after the event
- 3.5. I agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in activity
- 3.6. I am aware of the terms of section 51 of the electronic communication transactions act 25 of 2002, that allows the organiser of this event to use and disclose my name, ethnicity, photographs, and video recordings gathered as a result of my participation in the event for the purpose of public broadcasting and future marketing free of charge
- 3.7. Minor release (younger than 18 years): I, the minor's parents and/or legal guardian, understand the nature, risk and danger of the activity and believe the minor to be experienced enough, in good health, and in proper physical condition to participate in the activity. I have read and accept the above indemnity.